32 Lecture - MGT111

Important Mcqs

- 1. Which of the following is NOT a type of motivation?
 - a) Extrinsic motivation
 - b) Intrinsic motivation
 - c) Autonomic motivation
 - d) Self-determination theory

Solution: c) Autonomic motivation

- Which theory of motivation suggests that human needs can be categorized into a hierarchy of needs?
 - a) Maslow's hierarchy of needs
 - b) Self-determination theory
 - c) Cognitive evaluation theory
 - d) Incentive theory

Solution: a) Maslow's hierarchy of needs

- 3. Which of the following is an example of extrinsic motivation?
 - a) Studying for a test because you enjoy learning the material
 - b) Exercising to improve your overall health and well-being
 - c) Cleaning your room because your parents will give you a reward
 - d) Playing a sport because you find it personally fulfilling

Solution: c) Cleaning your room because your parents will give you a reward

- 4. Which theory of motivation suggests that people are motivated by the desire to maintain a level of stimulation that is optimal for their functioning?
 - a) Drive reduction theory
 - b) Incentive theory
 - c) Arousal theory
 - d) Self-determination theory

Solution: c) Arousal theory

- 5. Which of the following is an example of intrinsic motivation?
 - a) Working hard on a project because you want to get a good grade
 - b) Playing a musical instrument because you enjoy the process
 - c) Taking a job because it pays well
 - d) Exercising to improve your appearance

Solution: b) Playing a musical instrument because you enjoy the process

- 6. Which theory of motivation suggests that people are motivated by a sense of competence, autonomy, and relatedness?
 - a) Self-determination theory
 - b) Maslow's hierarchy of needs
 - c) Incentive theory
 - d) Cognitive evaluation theory

Solution: a) Self-determination theory

7. Which of the following is an example of an extrinsic reward?

- a) A feeling of accomplishment after completing a challenging task
- b) A promotion at work
- c) A sense of pride in oneself
- d) A feeling of satisfaction after helping someone in need

Solution: b) A promotion at work

8. Which of the following is an example of an intrinsic reward?

- a) A bonus for completing a project on time
- b) A sense of accomplishment after finishing a difficult task
- c) A prize for winning a competition
- d) A promotion at work

Solution: b) A sense of accomplishment after finishing a difficult task

- 9. Which theory of motivation suggests that people are motivated by the desire to reduce a state of tension or discomfort?
 - a) Self-determination theory
 - b) Arousal theory
 - c) Incentive theory
 - d) Drive reduction theory

Solution: d) Drive reduction theory

10. Which of the following is an example of extrinsic motivation?

- a) Painting a picture because it brings you joy
- b) Cleaning your room because you want to maintain a tidy living space
- c) Running a marathon because you want to improve your personal best time
- d) Completing a task because you will receive a financial reward

Solution: d) Completing a task because you will receive a financial reward