

32 Lecture - MGT111

Important Mcqs

1. **Which of the following is NOT a type of motivation?**

- a) Extrinsic motivation
- b) Intrinsic motivation
- c) Autonomic motivation
- d) Self-determination theory

Solution: c) Autonomic motivation

2. **Which theory of motivation suggests that human needs can be categorized into a hierarchy of needs?**

- a) Maslow's hierarchy of needs
- b) Self-determination theory
- c) Cognitive evaluation theory
- d) Incentive theory

Solution: a) Maslow's hierarchy of needs

3. **Which of the following is an example of extrinsic motivation?**

- a) Studying for a test because you enjoy learning the material
- b) Exercising to improve your overall health and well-being
- c) Cleaning your room because your parents will give you a reward
- d) Playing a sport because you find it personally fulfilling

Solution: c) Cleaning your room because your parents will give you a reward

4. **Which theory of motivation suggests that people are motivated by the desire to maintain a level of stimulation that is optimal for their functioning?**

- a) Drive reduction theory
- b) Incentive theory
- c) Arousal theory
- d) Self-determination theory

Solution: c) Arousal theory

5. **Which of the following is an example of intrinsic motivation?**

- a) Working hard on a project because you want to get a good grade
- b) Playing a musical instrument because you enjoy the process
- c) Taking a job because it pays well
- d) Exercising to improve your appearance

Solution: b) Playing a musical instrument because you enjoy the process

6. **Which theory of motivation suggests that people are motivated by a sense of competence, autonomy, and relatedness?**
- a) Self-determination theory
 - b) Maslow's hierarchy of needs
 - c) Incentive theory
 - d) Cognitive evaluation theory

Solution: a) Self-determination theory

7. **Which of the following is an example of an extrinsic reward?**
- a) A feeling of accomplishment after completing a challenging task
 - b) A promotion at work
 - c) A sense of pride in oneself
 - d) A feeling of satisfaction after helping someone in need

Solution: b) A promotion at work

8. **Which of the following is an example of an intrinsic reward?**
- a) A bonus for completing a project on time
 - b) A sense of accomplishment after finishing a difficult task
 - c) A prize for winning a competition
 - d) A promotion at work

Solution: b) A sense of accomplishment after finishing a difficult task

9. **Which theory of motivation suggests that people are motivated by the desire to reduce a state of tension or discomfort?**
- a) Self-determination theory
 - b) Arousal theory
 - c) Incentive theory
 - d) Drive reduction theory

Solution: d) Drive reduction theory

10. **Which of the following is an example of extrinsic motivation?**
- a) Painting a picture because it brings you joy
 - b) Cleaning your room because you want to maintain a tidy living space
 - c) Running a marathon because you want to improve your personal best time
 - d) Completing a task because you will receive a financial reward

Solution: d) Completing a task because you will receive a financial reward